



MARLING
SIXTH FORM
Downfield Road

PSHE PROGRAMME

The Marling Sixth Form PSHE programme is based on four rotating themes under the broad headings of Study & Society and Personal Skills. These are delivered via Tutor Periods and morning tutor time. The order of themes may vary, and different topics may be covered as/when necessary. The topics below illustrate the range of topics that may be covered in each theme. The programme aims to give students information and skills to equip them to live as safe, healthy, respectful adults who make a positive contribution to society.

STUDY & SOCIETY	SELF & COMMUNITY
<p>THE SUCCESSFUL SIXTH FORMER</p> <ul style="list-style-type: none">€ Study skills€ A Level mindset€ Resilience€ Revision <p>CREATE YOUR FUTURE</p> <ul style="list-style-type: none">€ Unifrog - post-18 options€ Leadership€ Marling Diamond Programme€ Applying to University/other options€ Finance€ Democracy€ Ethics and belief€ Environment	<p>HEALTH AND SAFETY</p> <ul style="list-style-type: none">€ Sexual health€ Drugs & alcohol€ Mental health€ Stress management/resilience€ Keeping safe€ Driving€ Digital literacy/internet safety <p>RESPECT & RELATIONSHIPS</p> <ul style="list-style-type: none">€ Vision & values€ Respect & healthy relationships€ Consent€ Equalities€ Gender

Fortnightly Schedule

WEEK 1	MON	TUE	WED	THUR	FRI
Y12	Weekly briefing and tutor time	Wider reading	Tutor Topics	PSHE programme	Quiz/tutor group choice
Y13	Weekly briefing and tutor time	Wider reading	Tutor Topics	PSHE programme (P2 PSHE)	Quiz/tutor group choice
WEEK 2	MON	TUE	WED	THUR	FRI
Y12	<u>Assembly (MH)</u>	Weekly briefing and tutor time	5-min focus (Two 5-minute student presentations)	Wider reading (P2 PSHE)	Quiz/tutor group choice
Y13	Weekly briefing and tutor time	Wider reading	5-min focus (Two 5-minute student presentations)	<u>Assembly (MH)</u>	Quiz/tutor group choice

OVERVIEW OF PROGRAMME CONTENT

<u>Weekly dates</u>	<u>Y12 PSHE themes</u>	<u>Y13 PSHE themes</u>
4- 6 Sep	The Successful Sixth Former	Create Your Future
9 - 13 Sep	The Successful Sixth Former	The Successful Sixth Former
16- 20 Sep	The Successful Sixth Former Create Your Future	The Successful Sixth Former Create Your Future
23-27 Sep	The Successful Sixth Former & Health & Safety	The Successful Sixth Former & Health & Safety
30 Sept - 4 Oct	The Successful Sixth Former	Create Your Future
7-11 Oct	The Successful Sixth Former & Health & Safety	The Successful Sixth Former & Health & Safety
14-18 Oct	The Successful Sixth Former	The Successful Sixth Former

21-23 Oct	Health & Safety	The Successful Sixth Former
	HALF TERM	HALF TERM