

A level Physical Education Revision Plan

Skill Acquisition

Lessons

Date	Unit Focus	Session plan
W/B 08/04/24	3.1.2.1 Characteristics of skill 3.1.2.2 Impact of skill classification on structure of practice for learning	Revision Questions
W/B 15/04/24	3.1.2.3 Principles and theories of learning and performance 3.1.2.4 Use of guidance and feedback	Revision Questions
W/B 22/04/24	3.1.2.5 Memory models. 3.1.2.5.1 General information processing model, 3.1.2.5.2 Efficiency of information processing.	Revision Questions
02/05/24	Mock Exam (PE exam)	A level PE paper -Anatomy & Physiology, Skill Acquisition, History of Sport & Socio-cultural issues.

Independent homework Revision

Focus on a unit per week for revision. You will be expected to show evidence of your revision each week through accessing relevant PE Review Articles as well as past paper questions.

W/B 08/04/24 3.1.2.1 Characteristics of skill
3.1.2.2 Impact of skill classification on structure of practice for learning

W/B 15/04/24 3.1.2.3 Principles and theories of learning and performance
3.1.2.4 Use of guidance and feedback

W/B 22/04/24 3.1.2.5 Memory models.
3.1.2.5.1 General information processing model.
3.1.2.5.2 Efficiency of information processing.

MOCK EXAMINATION SUMMARY INFORMATION Subject: Physical Education

	Include:
Paper information - overview	<ul style="list-style-type: none"> 1 paper 2hours: (02/05/24) A mixture of multiple choice/objective test questions, short answer questions and extended questions. AO1: Demonstrate knowledge and understanding of the factors that underpin performance and involvement in physical activity and sport. AO2: Apply knowledge and understanding of the factors that underpin performance and involvement in physical activity and sport. AO3: Analyse and evaluate the factors that underpin performance and involvement in physical activity and sport. The paper will not include information on information that has not been taught yet i.e., Social Facilitation or Group Dynamics
Revision suggestions	<ul style="list-style-type: none"> Lessons in the build up to the exam will focus on a specific topic each lesson. Previous content and any misunderstandings can be discussed as well as looking at some exemplar questions to help with the structure of answers. Students will also be expected to use the resources on Google classroom, AQA website as well as relevant articles in the PE Review online magazine.